

cyngor cymru ar  
alcohol a chyffuriau eraill  
the welsh council on  
alcohol and other drugs

PERFORATION



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GWAHODDIR CHI GAN  
GYNGOR CYMRU AR ALCOHOL A CHYFFURIAU ERAILL I'W  
**DARLITH FLYNYDDOL AGORIADOL**  
16<sup>EG</sup> MEHEFIN 2009

TRADDODIR Y DDARLITH GAN  
**DR DAVID BEST**

(Uwch-ddarlithydd mewn Dibyniaeth yn Adran Seiciatreg Prifysgol Birmingham)

“**EVIDENCE OF HOPE: WHAT DO WE KNOW  
ABOUT SUSTAINED RECOVERY FROM  
ALCOHOL AND DRUG ADDICTION?**”

Cynhelir y digwyddiad ar wahoddiad Gareth Jones OBE, AC ac mewn cysylltiad â'r  
3 canolfan driniaeth gofrestrdedig: Tŷ Bryn Awel (De Cymru); CAIS (Gogledd Cymru);  
a Rhoserchan (Canolbarth Cymru)

**bwffe: 5.30yh**

Oriel y Senedd, Bae  
Caerdydd, Caerdydd  
CF99 1NA

**darlith: 6.30yh**

Ystafell Cynadledda C&D,  
Ty Hywel

Darperir bwffe Cymreig  
ar eich cyrhaeddiad.



**rsvp: 31<sup>ain</sup> Mai 2009**

Gyngor Cymru ar Alcohol  
a Chyffuriau Eraill,  
58 Richmond Road,  
Caerdydd CF24 3AT  
T: 02920 493895  
E: info@welshcouncil.org.uk

mewn cysylltiad â



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THE WELSH COUNCIL ON ALCOHOL AND OTHER DRUGS  
INVITES YOU TO ITS  
**INAUGURAL ANNUAL LECTURE**  
16<sup>TH</sup> JUNE 2009

LECTURE TO BE DELIVERED BY  
**DR DAVID BEST**

(Senior lecturer in Addiction in the Department of Psychiatry at Birmingham University)

“**EVIDENCE OF HOPE: WHAT DO WE KNOW  
ABOUT SUSTAINED RECOVERY FROM  
ALCOHOL AND DRUG ADDICTION?**”

The event is hosted by Gareth Jones OBE, AM and is held in association with  
the 3 registered treatment centres: Bryn Awel House (South Wales);  
CAIS (North Wales); and Rhoserchan (Mid Wales)

**buffet: 5.30pm**

Oriel y Senedd,  
Cardiff Bay, Cardiff  
CF99 1NA

**lecture: 6.30pm**

Conference Room C&D,  
Ty Hywel

A welsh buffet will be  
provided on arrival.



**rsvp: 31<sup>st</sup> May 2009**

Welsh Council on Alcohol  
and Other Drugs,  
58 Richmond Road,  
Cardiff  
CF24 3AT

T: 02920 493895  
E: info@welshcouncil.org.uk

in association with



Welsh Council on Alcohol and Other Drugs  
Cyngor Cymru ar Alcohol a Chyffuriau Eraill  
58 Richmond Road,  
CARDIFF • CAERDYDD  
CF24 3AT

Please  
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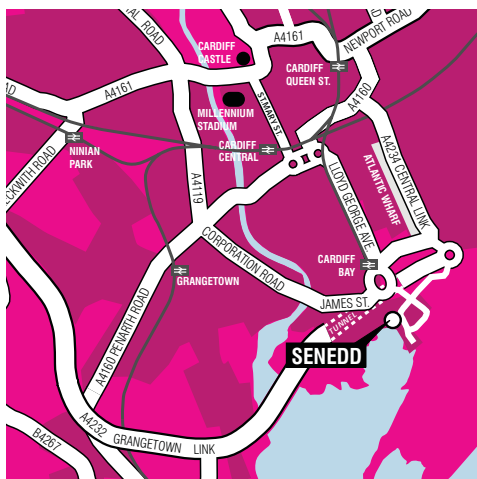
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## DR DAVID BEST

Uwch-ddarlithydd mewn Dibyniaeth yn Adran Seiciatreg Prifysgol Birmingham

Mae Dr David Best yn uwch ddarlithydd mewn dibyniaeth yn Adran Seiciatreg ym Mhrifysgol Birmingham ac yn arweinydd mewn ymchwil a datblygiad ar ran Tim Gweithredu ar Alcohol a Chyffuriau Birmingham. Mae yn Seiciatrydd Siartredig ac yn aelod o Gymdeithas Droseddol Prydain ac yn aelod o'r Gymdeithas Brydeinig. Treuliodd ddeng mlynedd fel ymchwilydd yn y Ganolfan Ddibyniaeth Genedlaethol yn yr Athrofa Seiciatreg yn Llundain, yn rheoli ystod o astudiaethau cymwysedig ar driniaeth chyffuriau ac alcohol, ymyrraeth i osgoi marwolaethau o achos chyffuriau ac astudiaethau i mewn i droseddau yn ymwneud â chyffuriau. Y mae wedi gweithio gydag Awdurdod Cwynion yr Heddlu, Asiantaeth Triniaeth Genedlaethol ac Adran Trosglwyddiad y Prif Weinidog. Mae ei feysydd ymchwil presennol yn ymwneud â gwellhad o ddibyniaeth, y berthynas rhwng defnydd o gyffuriau a throseddau a dylanwad gweithredu cyfundrefnol ar effeithiolrwydd triniaeth.



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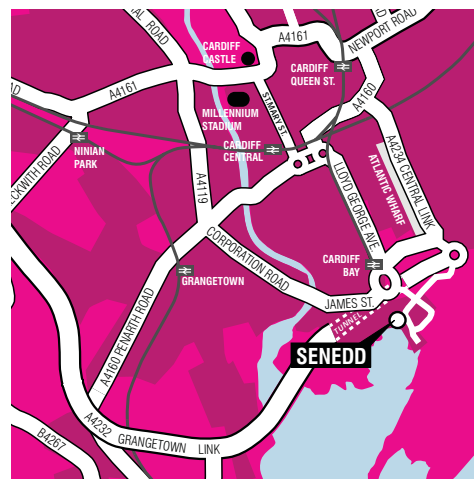
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## DR DAVID BEST

Senior lecturer in Addiction in the Department of Psychiatry at Birmingham University

Dr David Best is a senior lecturer in addictions in the department of psychiatry at Birmingham University, and research and development lead for Birmingham Drug and Alcohol Action Team. He is a Chartered Psychologist and a member of the British Criminological Society. He spent ten years working in research at the National Addiction Centre at the Institute of Psychiatry in London, managing a range of applied studies of drug and alcohol treatment, interventions to prevent drug-related deaths and drug-crime studies. He has also worked with the Police Complaints Authority, the National Treatment Agency and the Prime Minister's Delivery Unit. His current areas of research interest are around recovery journeys from addiction, the relationship between drug use and crime and the role of organisational functioning in influencing treatment effectiveness.



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## rsvp

I would like to attend the Inaugural Annual Lecture  
Hoffwn fynychu'r Ddarlith Flynyddol Agoriadol

I am unable to attend the Inaugural Annual Lecture  
Ni allaf fynychu'r Ddarlith Flynyddol Agoriadol

Name • Enw